

UAE Cleaning Systems Planner

Daily · Weekly · Monthly · Seasonal · Annual

CleanLivingUAE.com | June 2026 Edition

This planner is designed for UAE residents managing homes in Dubai, Abu Dhabi, Sharjah, and other emirates. Each section addresses the specific challenges of desert dust, year-round AC use, high humidity seasons, and apartment or villa living.

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UAE tip:

Start with the Daily Checklist to establish your baseline routine, then layer in Weekly and Monthly tasks progressively.

1. Daily Cleaning Checklist

A 10-15 minute daily reset for UAE apartments and villas.

ENTRY ZONE

- | | |
|---------------------------------------|---|
| ■ Shake or wipe entry mat | Reduces sand and dust tracked in from outside |
| ■ Sweep or vacuum entrance corridor | Focus on sand accumulation near the door |
| ■ Wipe door handle and light switches | |

LIVING AREAS

- | | |
|---|--------------------------------------|
| ■ Dust visible surfaces with microfiber cloth | Wipe TV unit, shelves, window ledges |
| ■ Straighten cushions and soft furnishings | |
| ■ Quick vacuum or sweep of main floor area | Focus on corners and AC vent zones |

KITCHEN

- | | |
|--|--|
| ■ Wipe kitchen counter and hob surface | |
| ■ Rinse sink and wipe dry | Prevents hard water staining common in UAE |
| ■ Empty rubbish if needed | |

BATHROOM

- | | |
|-------------------------------|---|
| ■ Wipe basin and tap area | Check for moisture around base - mould risk in summer |
| ■ Quick toilet wipe-down | |
| ■ Hang towels and clear floor | |

AC AND AIR

- | | |
|---|---|
| ■ Check AC vents for visible dust buildup | Wipe with dry microfiber if dusty |
| ■ Note any unusual AC smells or reduced airflow | Flag for filter inspection if recurring |

UAE tip:

In sandstorm or high-wind periods, increase entry zone and surface dusting frequency. Fine silica dust from desert air resettles faster than standard household dust.

2. Weekly Cleaning Checklist

A structured room-by-room weekly clean for UAE homes. Typical duration: 2-3 hours for apartments, 4-6 hours for villas.

ALL ROOMS

- | | |
|--|--|
| ■ Vacuum all floors - use HEPA filter where possible | Fine desert dust requires HEPA filtration to capture effectively |
| ■ Mop tile and marble floors | Use damp mop - UAE tile floors respond well to microfiber flat mops |
| ■ Dust all ceiling fans and light fittings | Dust accumulates rapidly on fan blades in UAE homes |
| ■ Wipe all window ledges and sill edges | High dust accumulation zone - especially after windy periods |
| ■ Check and wipe AC vent covers | Wipe with slightly damp cloth; inspect filter if airflow feels reduced |

KITCHEN

- | | |
|---|--|
| ■ Deep wipe counters, backsplash, and hob | |
| ■ Clean inside microwave | |
| ■ Wipe appliance exteriors | |
| ■ Clean sink and descale tap head if needed | Hard water in UAE causes rapid limescale on taps and showerheads |
| ■ Mop kitchen floor | |

BATHROOMS

- | | |
|--|---|
| ■ Scrub toilet bowl and wipe exterior | |
| ■ Clean shower or bath surfaces | Check grout lines for early mould signs - treat immediately |
| ■ Descale shower head and taps | UAE hard water causes visible mineral buildup within days |
| ■ Wipe bathroom mirror and glass | |
| ■ Mop bathroom floor and check for moisture under vanity | |

BEDROOMS

- | | |
|---|---|
| ■ Change and wash bed linen | Weekly linen change recommended in UAE due to AC dust recirculation |
| ■ Vacuum mattress surface | |
| ■ Dust bedside tables, wardrobe surfaces, and skirting boards | |

■ **Check inside wardrobe for moisture or mould smell**

Relevant particularly in summer months - coastal areas

BALCONY

■ **Sweep balcony floor from back to drain**

■ **Wipe balcony railings and ledges**

High dust accumulation zone

■ **Check balcony drain for blockage**

Blocked drains trap water and sand, accelerating mould and staining

■ **Wipe outdoor furniture if in use**

UAE tip:

Run the AC at a moderate temperature while cleaning to capture disturbed dust particles through the filter rather than letting them resettle.

3. Monthly Focus Planner

Tasks to complete once per month across all UAE home types.

AC MAINTENANCE

- | | |
|---|---|
| ■ Remove and clean AC filter(s) | Rinse under cool water, allow to dry fully before replacing |
| ■ Wipe AC unit exterior casing | |
| ■ Check condensation drainage tray or pipe for blockage | Blocked drainage causes water leaks and mould |
| ■ Note AC performance - reduced cooling may indicate service need | |

DEEP KITCHEN

- | | |
|--|---|
| ■ Clean inside oven and grill | |
| ■ Descale kettle and coffee machine | UAE hard water causes heavy scale buildup in appliances |
| ■ Clean refrigerator coils and door seals | Door seals are a common bacterial hotspot in humid conditions |
| ■ Empty, clean, and re-organise kitchen cabinets | |

DEEP BATHROOM

- | | |
|--|--|
| ■ Treat grout lines with appropriate cleaner | Prevention is more effective than remediation for mould in grout |
| ■ Clean extractor fan cover if present | |
| ■ Deep clean toilet cistern exterior and behind unit | |
| ■ Check under sink for moisture or leaks | |

SOFT FURNISHINGS

- | | |
|--|---|
| ■ Vacuum sofa and upholstered chairs thoroughly | |
| ■ Wash or dry-clean cushion covers | |
| ■ Vacuum under sofa cushions and along base | |
| ■ Check curtains or blinds for dust accumulation | Curtains trap significant UAE desert dust |

STORAGE AND WARDROBES

- | | |
|--|--|
| ■ Check wardrobe for humidity or mould signs | Particularly important June-September in coastal UAE areas |
| ■ Air out stored items if wardrobe has been sealed | |
| ■ Place or replace moisture absorber sachets if used | |
| ■ Check shoe cabinet or rack for odour or mould | |

UAE tip:

The most impactful monthly task in UAE homes is AC filter cleaning. A clean filter reduces surface dust resettlement by preventing recirculation through the system.

4. Seasonal Cleaning Calendar

UAE cleaning priorities shift significantly by season. Use this calendar to plan ahead.

MARCH - JUNE: DUST AND SAND SEASON

- Inspect and seal window and door gaps before sandstorm season
- Stock spare AC filters for rapid replacement after dust events
- Establish entry mat and shoe-removal zone at front door
- Deep clean balcony and check drain before season starts
- Post-sandstorm: sweep before vacuuming to protect vacuum filter Vacuum fine dust after sweeping coarser sand particles
- Increase surface dusting frequency during high wind periods

JUNE - SEPTEMBER: HUMIDITY AND MOULD SEASON

- Inspect all bathroom grout and sealant for mould signs
- Check kitchen cabinet interiors - particularly under sink
- Check inside wardrobe and shoe storage for humidity
- Increase AC filter cleaning to every 3-4 weeks Humidity causes faster filter loading in coastal UAE areas
- Ensure AC condensation drainage is clear
- Use moisture absorbers in enclosed storage areas

OCTOBER - NOVEMBER: POST-SUMMER DEEP CLEAN

- Full apartment or villa deep clean reset
- Deep vacuum and steam clean upholstery and mattresses
- AC duct inspection - consider professional service if not done this year
- Kitchen appliance deep clean and descale
- Bathroom re-grout or sealant treatment where needed
- Annual declutter and storage reorganisation

NOVEMBER - FEBRUARY: WINTER AND OUTDOOR SEASON

■ Restore and clean balcony furniture for outdoor use

■ Deep clean all windows and glass surfaces

■ Annual storage and wardrobe review and reorganisation

■ Reduced AC use period - opportunity for natural ventilation cleaning

■ Check outdoor plant drainage to prevent mosquito breeding

■ Prepare entry zone for increased outdoor activity

5. Annual Maintenance Tracker

Track completion of key annual tasks across the calendar year.

Tick each task when completed and note the month. Recommended completion periods are shown in the right column.

TASK	RECOMMENDED PERIOD	DONE	MONTH
Professional AC duct inspection and service	October-November (post-summer)	■	
Mattress deep clean or professional steam clean	October-November	■	
Full upholstery deep clean - sofa, chairs, curtains	October-November	■	
Kitchen appliance full descale and service	October-November	■	
Bathroom re-grout and sealant inspection	October (post-humidity season)	■	
Full balcony restoration and drain deep clean	October or February	■	
Window frame, track, and glass full deep clean	November or February	■	
Annual storage declutter and reorganisation	November-December	■	
Entry zone review - mat replacement, seal check	March (before sandstorm season)	■	
Wardrobe and clothing deep clean and airing	March or October	■	
Outdoor furniture clean, treat, and store or restore	October and February	■	
Air purifier filter replacement if applicable	Per manufacturer schedule - note date below	■	

UAE tip:

The single most impactful annual investment in UAE homes is a professional AC duct inspection. Dust accumulation in ductwork recirculates continuously and cannot be addressed through filter cleaning alone.

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